

Education Committee Physiotherapists Board

Updates on Mandatory Continuing Professional Development Scheme
for Physiotherapists

Seminar

30 May 2026
2:30 pm – 4:30 pm

Today's Objective

The objectives of this seminar are:

- To update PT Registrants on the mandatory Continuing Professional Development (CPD) scheme for practicing certificate renewal.
- To gather opinions from PT registrants on the mandatory CPD scheme and identify areas that require further discussion and approval by the PT Board and Allied Health Professions Council.

Rundown

- 2:30 – 3:30 pm : Presentation - Updates on Mandatory CPD Scheme for Physiotherapists
- 3:30 – 4:30 pm : Q&A session

House Rules

1. Zoom Entry and Identification

Display Name Requirement

- For the sake of easy identification, please display your name in the following format: **Full Name – Registration Number** (e.g., “Chan Tai Man – PT100000”)
- Please stay muted during the webinar, to avoid any disruption.

2. CPD Points & Attendance Requirement

- This seminar (AN1260029) would be awarded **1 CPD point (non-core)** . To comply with the CPD requirement and eligible for the issuance of CPD certificates, participants must fulfill at least 75% attendance.
- Participants are required to mark their attendance via the **two separate attendance links** that will be posted in the Zoom chat box — one at the **beginning** and one at the **end** of the seminar.
- You are required to take **BOTH** attendances, with **accurate** information (including PT Registration Number). **We strictly follow the data from the attendance link.**

3. Speaking Procedure & Conduct:

- **Q&A Format:** To accommodate the large number of participants and ensure efficient time management, all questions must be submitted exclusively through the **Zoom Chat Box**.
- **Time Management:** Given the 2-hour duration of the forum, questions will be moderated and answered in order of relevance to ensure equitable coverage and efficient use of time.

4. Respectful Engagement:

- The Chairperson will oversee the meeting, ensuring adherence to time limits and these rules with support from the Secretariat. If any participant is found of any disrespectful behavior, he/she will be removed from the session.

5. Recording Disclaimer:

- The seminar will be recorded on Zoom by the Secretariat for administrative purposes. By joining and remaining in the seminar, participants are deemed to have been notified of, and to consent to, such recording. The recording will be kept and handled in accordance with applicable privacy and data protection requirements.

Common Questions in mind



- **Why do I need to have CPD as a PT?**
- **How many CPD points do I need to have, and by when?**
- **How can I obtain CPD points?**
- **How can I track the progress and report my CPD points?**
- **Can I be exempted from the mandatory CPD scheme?**
- **What will happen if I cannot fulfill CPD points by the end of practising certificate renewal?**

Q. Why do I need CPD as a PT?

- **Policy Intent**

Through CPD, PT registrants will be able to **keep pace with rapid advances** in PT profession in terms of **knowledge, skills and practical experience for the provision of professional service.**

- **Direction of Allied Health Professions Council**

- The Council accepted the recommendation of Report of Strategic Review on Healthcare Manpower Planning and Professional Development of 2017, and instructed all Boards to work out its implementation proposal of CPD.
- PT Board, OP Board, OT Board and RG Board have implemented mandatory CPD.
- MLT Board has been working on the details of turning the voluntary CPD to mandatory in the past few years.

- **Legal Requirement**

The legislative amendments to the Allied Health Professions Ordinance, Cap. 359 has stipulated that **the Board must not issue a practising certificate to the person unless the board is satisfied that the person has complied with the requirement regarding CPD** determined by the Council as applicable to the person.
(s.16 of Cap. 359)

CPD Assessment Cycle and Points Requirement

- The **validity period of the practicing certificate** has been changed from one year (HK\$435) to **three years** (HK\$540) under the Amendment Bills of Supplementary Medical Professions Ordinance, which was passed in July 2025.
- A CPD cycle spans **three calendar years**. The mandatory CPD scheme will run on a **three-year cycle, commencing on 1 July of the first year and ending on 30 June of the fourth year**. All registered PT, regardless of their registration status (i.e., which part of the Register they are listed in) or whether they reside in Hong Kong or overseas, are required to attain **45 CPD points** within each three-year cycle.
- To comply with the purpose of continuing development of PTs' individual professional and educational skills, **annual requirement of 5 CPD points** will be set to encourage registrants to engage in CPD activities throughout the 3-year cycle.

Q. How many CPD points do I need to have, and by when?

CPD point requirements in 3-year cycle

Group	End Date of Practising Certificate	Start Date of Practising Certificate	CPD Points required by end date of Practising Certificate	Approximate Duration for obtaining CPD points	Annual Requirement
A	30.6.2028	Between 25.7.2025 and 30.6.2026	30 Points	2 Years	- 1.7.2026 – 30.6.2027 : 5 pts - 1.7.2027 – 30.6.2028 : 5 pts
B1	30.6.2029	Between 1.7.2026 and 31.12.2026	45 Points	> 2.5 Years	- 1.7.2026 – 30.6.2027 : 5 pts - 1.7.2027 – 30.6.2028 : 5 pts - 1.7.2028 – 30.6.2029 : 5 pts
B2	30.6.2029	Between 1.1.2027 and 30.6.2027	30 Points	2.0 – 2.5 Years	- 1.1.2027 – 30.6.2027 : 0 pt - 1.7.2027 – 30.6.2028 : 5 pts - 1.7.2028 – 30.6.2029 : 5 pts
C1	30.6.2030	Between 1.7.2027 and 31.12.2027	45 Points	> 2.5 Years	- 1.7.2027 – 30.6.2028 : 5 pts - 1.7.2028 – 30.6.2029 : 5 pts - 1.7.2029 – 30.6.2030 : 5 pts
C2	30.6.2030	Between 1.1.2028 and 30.6.2028	30 Points	2.0 – 2.5 Years	- 1.1.2028 – 30.6.2028 : 0 pt - 1.7.2028 – 30.6.2029 : 5 pts - 1.7.2029 – 30.6.2030 : 5 pts

Q. How could I obtain CPD points?

- Category I – Attending at lecture/ seminar/ conference
- Category II – Post-graduate studies
- Category III – In-service training
- Category IV – Self study
- Category V – Active participation
- Category VI – Publication

Category I – Attending at lecture/ seminar/ conference

CPD Main Categories	Description	Allocation Unit
<p style="text-align: center;">I Attendance at lecture/ seminar/ conference</p>	<p>Audience or online participation in lecture, seminar, conference, symposium, workshop, short courses, on-field physiotherapy practice, and e-learning, with the presence of the following documentary proof:</p> <ul style="list-style-type: none"> • certificates of completion or attendance records 	<ul style="list-style-type: none"> • 1 CPD point per 1 contact hour of audience or online participation • Fraction of the hour will be rounded off to the nearest whole number of contact hour • Point allocation for 1 whole day of audience or online participation will be capped at a maximum of 6 CPD points. Non-core activities will be capped at a maximum of 3 CPD points (with effect from activities starting on or after 1 July 2026) • Point allocation for a single programme lasting over several days will be capped at a maximum of 18 CPD points. Non-core activities will be capped at a maximum of 9 CPD points (with effect from activities starting on or after 1 July 2026) • Only programmes/activities that have been accredited and assigned a CPD Code are accepted for claiming CPD Points

Allocation criteria for CPD sub-categories

CPD Sub-Categories	Description	Allocation Unit
Core (C)	Core CPD activities directly related to the understanding or deepening of physiotherapy knowledge and skills including diagnosis, examination, intervention, outcome evaluation, biostatistics and epidemiology, and specialty development.	<ul style="list-style-type: none">• A factor of 1 will be multiplied to the assigned allocation unit for the CPD main category
Non-Core (N)	Non-core CPD activities not directly related but contributed to the understanding or extension of physiotherapy knowledge and skills including health care management, Chinese Herbal Medicine, information technology, and communication skills.	<ul style="list-style-type: none">• A factor of 0.5 will be multiplied to the assigned allocation unit for the CPD main category

CPD points v.s. Duration

Duration (Minutes)	CPD Points (Core)	CPD Points (Non-Core)
0 – 29	0	0
30 – 60	1	0.5
61 – 89	1	0.5
90 – 120	2	1

- Fraction of the hour will be **rounded off** to the nearest whole number of contact hour
- Point allocation for 1 whole day of audience or online participation will be capped at a maximum of 6 CPD points
- Point allocation for a single programme lasting over several days will be capped at a maximum of 18 CPD points

Core: the number of contact hours

Non-Core: CPD points multiplied by 0.5

List of pre-approved programmes (Category I)

https://www.ahp-council.org.hk/pt/file/pdf/Pre-approved_CPD_programmes.pdf

Pre-approved CPD programmes (Category I)
(updated as at 19 May 2026)

Date	CPD Main Category	CPD Code	Title of CPD Programme	Programme Organiser / Certificate Issuer	Core (C) / Non-Core (NC)
Physiotherapy-related Programmes Organised by Reputable Local or International Medical Organisers or by the HKSAR Government					
Annually	I	PRE0001	World Physiotherapy Conference	World Physiotherapy	C
23-28 September, 2024	I	PRE0002	IPNFA Congress	International PNF Association	C
Annually	I	PRE0004	Rehabilitation Symposium	Hong Kong Association of Rehabilitation Medicine	C
Annually	I	PRE0005	Regional Osteoporosis Conference	The Osteoporosis Society of Hong Kong	C
Annually	I	PRE0006	HKOA Annual Congress	The Hong Kong Orthopaedic Association	C
Annually	I	PRE0007	Brain Conference	CUHK	C
Annually	I	PRE0008	Annual Congress of Hong Kong Association of Gerontology	Hong Kong Association of Gerontology	C
Annually	I	PRE0009	FMSHK Annual Scientific Meeting	The Federation of Medical Societies of Hong Kong	C
Annually	I	PRE0010	Hong Kong Neurological Society Annual Scientific Meeting	Hong Kong Neurological Society	C
Annually	I	PRE0011	Annual Scientific Meeting of Hong Kong Association of Rehabilitation Medicine	Hong Kong Association of Rehabilitation Medicine	C
Annually	I	PRE0012	Annual Scientific Meeting of Hong Kong Thoracic Society	Hong Kong Thoracic Society	C
Annually	I	PRE0013	Annual Scientific Meeting of Hong Kong Stroke Society	Hong Kong Stroke Society	C
Annually	I	PRE0014	Annual Conference of Hong Kong Physiotherapy Association	Hong Kong Physiotherapy Association	C
Annually	I	PRE0015	The Hong Kong Society of Sleep Medicine Annual Scientific Meeting	The Hong Kong Society of Sleep Medicine	C
Annually	I	PRE0017	ISSLS Annual Meeting	International Society for the Study of the Lumbar Spine	C
Annually	I	PRE0018	IASP World Congress on Pain	International Association for the Study of the Pain	C

Annually	I	PRE0018	IASP World Congress on Pain	International Association for the Study of the Pain	C
Annually	I	PRE0019	Annual SOSORT Meeting	International Society on Scoliosis Orthopaedic and Rehabilitation Treatment	C
Annually	I	PRE0020	International Forum for Back and Neck Pain Forum in Primary Care Research	International Forum for Back and Neck Pain Forum in Primary Care Research Organizing Committee	C
Annually	I	PRE0022	Hong Kong International Orthopaedic Forum	The University of Hong Kong	C
Annually	I	PRE0023	Annual Scientific Meeting	Hong Kong College of Orthopaedic Surgeons	C
Annually	I	PRE0024	Interdisciplinary World Congress on Low Back & Pelvic Girdle Pain	World Congress LBPGP Organizing Committee	C
Annually	I	PRE0025	SpineWeek	SpineWeek Committee	C
Annually	I	PRE0026	OARSI World Congress on Osteoarthritis	Osteoarthritis Research Society International	C
Annually	I	PRE0027	Healthy Ageing Conference	WHO Collaborating Centre for Community Health Services, School of	C
Annually	I	PRE0028	Pan-Pacific Conference on Rehabilitation	Dept of Rehabilitation Sciences, PolyU	C
Annually	I	PRE0029	World Congress of the International Society of Physical and Rehabilitation Medicine (ISPRM)	International Society of Physical and Rehabilitation Medicine	C
Annually	I	PRE0030	Annual Scientific Congress of the Hong Kong College of cardiology	Hong Kong College of cardiology	C
Annually	I	PRE0031	Asian Preventive Cardiology and Cardiac Rehabilitation Conference	Hong Kong College of cardiology	C
Annually	I	PRE0033	Hong Kong International Wrist Arthroscopy Workshop and Seminar	Department of Orthopaedics & Traumatology, The Chinese University of Hong Kong	C

Remarks: For CPD points allocation of pre-approved CPD programmes, please refer to the Allocation Unit (Category I – Attendance at lecture / seminar / conference) in the "CPD Manual for Registered Physiotherapists".

- The list is updated periodically.
- The CPD year cycle to which the points are allocated is determined by the **end date** of the CPD activities.

List of Accredited Programme Providers (APPs)

1. Hong Kong Physiotherapy Association
2. Hong Kong Physiotherapists' Union
3. The Hong Kong Polytechnic University
4. Hospital Authority
5. SAHK
6. Heep Hong Society
7. Tung Wah College

Category II – Post-graduate studies

Category III – In-service training

CPD Main Categories	Description	Allocation Unit
<p align="center">II Post-graduate studies</p>	<p>Post-graduate studies in academic institution leading to higher qualification, with the presence of the following documentary proof:</p> <ul style="list-style-type: none"> certificates / transcripts / any documentary proof on completion of the studies 	<ul style="list-style-type: none"> 1 CPD point per 1 contact/online hour of lecture/tutorial/workshop/field work/e-learning Fraction of the hour will be rounded off to the nearest whole number of contact hour Only programmes/activities that have been accredited and assigned a CPD Code are accepted for claiming CPD Points Point allocation for category II will be capped at a maximum of 45 points per one CPD cycle (with effect from modules starting on or after 1 July 2026)
<p align="center">III In-service training</p>	<p>In-service Physio-related training activity fulfilling the following criteria:</p> <ul style="list-style-type: none"> A total attendance of 5 or more participants Presence of attendance record Presence of a focused discussion topic Availability of discussion/presentation materials <p>The following documentary proof are required:</p> <ul style="list-style-type: none"> attendance records or any proof on attendance provide by the programme provider/activity organiser and the discussion/presentation materials 	<ul style="list-style-type: none"> 1 CPD point per 1 contact/online hour of presentation/discussion Fraction of the hour will be rounded off to the nearest whole number of contact hour Point allocation for category III and category IV together will be capped at a maximum of 15 points per one CPD cycle

Category IV – Self study

Category V – Active participation

CPD Main Categories	Description	Allocation Unit
<p style="text-align: center;">IV Self study</p>	<p>Self-study (Physio-related) in the form of journal/literature review together with write-up of review report of a minimum of 250 words, with the presence of the following documentary proof:</p> <ul style="list-style-type: none"> • a copy of the journals / literature reviews studied; and • relevant review reports with a minimum of 250 words in each report (Registrants are required to use the CPD Self Study Record Form at Appendix IV to the CPD Manual for Registered Physiotherapists; for journal study, the article must be published within five years of the year of claiming the CPD Point.) 	<ul style="list-style-type: none"> • 1 CPD point per review report • Point allocation for category III and category IV together will be capped at a maximum of 15 points per one CPD cycle
<p style="text-align: center;">V Active participation</p>	<p>Active participation in the form of Physio-related lecturing in course or presenting at scientific meeting which is not part of the enrollee’s wage-earning duties, with the presence of the following documentary proof:</p> <ul style="list-style-type: none"> • proof of invitation from the activity organiser / contents of the activity / rundown of the activity / presentation materials 	<ul style="list-style-type: none"> • 5 CPD points for each presentation of 30 minutes or more, and 3 CPD points if less than 30 minutes

Category VI – Publication

CPD Main Categories	Description	Allocation Unit															
VI Publication	<p>Publication in Physio-related professional journal/textbook, with the presence of the following documentary proof:</p> <ul style="list-style-type: none"> • a copy of the professional journals / textbooks / articles so published 	<p>CPD points for publication in professional journal/textbook according to following criteria:</p> <table border="1" data-bbox="1577 389 2326 786"> <thead> <tr> <th></th> <th>First author/ Corresponding author</th> <th>Other authors</th> </tr> </thead> <tbody> <tr> <td>Web Science Indexed journals</td> <td>10</td> <td>5</td> </tr> <tr> <td>Non-indexed journals/ Peer reviewed journals</td> <td>5</td> <td>3</td> </tr> </tbody> </table> <table border="1" data-bbox="1577 849 2326 1182"> <thead> <tr> <th></th> <th>First author</th> <th>Other authors</th> </tr> </thead> <tbody> <tr> <td>Physiotherapy-related articles in a book chapter, a newspaper, or a magazine</td> <td>1 CPD point for every 500 words</td> <td>0.5 CPD point for every 500 words</td> </tr> </tbody> </table>		First author/ Corresponding author	Other authors	Web Science Indexed journals	10	5	Non-indexed journals/ Peer reviewed journals	5	3		First author	Other authors	Physiotherapy-related articles in a book chapter, a newspaper, or a magazine	1 CPD point for every 500 words	0.5 CPD point for every 500 words
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Q. How can I track the progress and report my CPD points?

- Registrants will be required to submit their CPD attainment every three years on the same occasion when they renew their practising certificate.
- The **Record Sheet of CPD Programs/Activities** attended will be available on the PT Board website. A table will be provided setting out the CPD years, in which PT registrants may record the CPD points obtained under Activity Categories I to VI.
- Registrants are required to keep a record by themselves for **at least 6 years**, along with supporting evidence (e.g. certificates, letters, documents of attendance, or summary of self-study), as proof of having accumulated the required CPD points for the cycle.
- The PT Board may conduct **random check** to verify the CPD points reported by registrants.

Q. Can I be exempted from the Mandatory CPD Scheme?

Exemption may be granted if -

- Registrants **could be certified to have a medical condition or other circumstances** which the Board considers as acceptable reasons for exemptions from CPD (e.g. Prolonged Illness and Permanent Disability)
- Registrants should submit application of exemption to the PT Board for consideration on a case-by-case basis.

Q. What will happen if I cannot fulfill CPD points by the end of practising certificate renewal?

- **Non-compliance That is Remediable**

Registrants must have achieved **not less than two-thirds** of the required number of points for a cycle.

- **Non-compliance That is Not Remediable**

Registrants who have obtained **less than two-thirds** of the required number of points for a cycle without acceptable reasons, **no practicing certificates** will be issued.

Remediable Programme

Various remediable scenarios (examples) and the corresponding additional requirement

If a registrant achieves at least two-thirds of the required CPD points for a cycle but fails to attain a minimum of 5 CPD points in each year of that cycle, they are required to obtain the remaining points, along with an additional 5 CPD points for each year's deficiency as an additional requirement.

CPD points attained in the 1st Year	CPD points attained in the 2nd Year	CPD points attained in the 3rd Year	Additional CPD points required in the next cycle	Total CPD points required in the next cycle
10	10	10	15 (remaining pts – total requirement)	60
30	15	0	5 (remaining pts – annual minimum requirement)	50
20	10	0	15 (remaining pts – total requirement) +5 (remaining pts – annual minimum requirement)	65
0	0	60	10 (remaining pts – annual minimum requirement)	55

- The PT should fulfil the respective category requirements as stipulated in the CPD Manual.
- The remedial programme shall be completed within the next cycle, as this shall be the final opportunity and no further extension will be granted.
- The PT who has failed to make remedy prescribed by the Board for the deficiency without acceptable reasons may then be regarded as a case of noncompliance that is not remediable.
- False reporting may constitute a criminal offence and may result in criminal liability.

Handling of Non-compliance that is Not Remediable

- Need to attain 90 CPD points before applying for practising certificate/ restoration.

Thank You